

Ridgefield Prevention Council

Date

August 27, 2025 6:00pm

Location

415 Main Street, Suite A (SpireTHERAPY)

RPC Mission Statement

The Ridgefield Prevention Council supports a safe and healthy environment for all Ridgefield families through awareness, education and positive alternatives to alcohol and other substance use and to reduce high-risk youth behaviors

"Ridgefield Prevention Council meetings will be conducted under Roberts Rules of Order and all participants are expected to conduct themselves with dignity and treat all those present with respect, empathy and civility."

- 1. Call to Order @ time
- 2. Attendees:
- Name:
- Name:
- Name:
- Name:
- Name:
- Name:

3. Approval of Agenda

- Motion to Approve or Amend the Agenda

4. Approval of Minutes:

- Motion to Approve or Amend the July, 2025 Minutes. Approved.

5. Treasurer's Report:

6. Reports/Discussion:

- Chairperson's Report by Denise Santangelo
 - Pizza & Prevention Upcoming for Sept event Sponsors:
 SpireTHERAPY & PLANET PIZZA
 - SpireBALL SignUps Live RPC sponsorship- cost for exhibition games at town fields and Ballard?
 - Local Prevention Council Grant Final Report completed and submitted by Kim Carone to Conor Burke @ cburke@wctcoalition.org
 - Survey Sent out to Town Denise created new survey, approved by Karen F. and Kim C. and sent to Town - Gillian for dissemination
 - Review Event Dates/Calendar Plan & Budget info for 25-26 continue to review, assign volunteers, and budget;
 - o Hired Siera to do website and Social Media presence.
 - WEBSITE LOOKS GREAT CHANGING COLORS AND NEW LOGO POSSIBILTY...Siera to do options for us
 - ***Due to the fact that noone came LAST SESSION we need al vote to manage the event boosting on MetaAds on behalf of RPC w/ a cap of 75\$ per evet boost and via reimbursement.
- Events Upcoming Reports & Budget by Each of the Coordinator's per their events:
 - o Denise Santangelo -Chair
 - September Start: SpireBALL Wiffle Ball League

- <u>SEPTEMBER 4, 2025</u>: Pizza & Prevention in the Park: Real Talk on Teens & Mental Health
- October 15, 2025: Movie Night collab w/Playhouse?: A
 Beautiful Boy (2018) -
- Sarah Lorenzini -
- Brian Nash Recovery Event in September?
- o Karen Facini -
- o Kim Carone -
- Siera Facini -
- o Tina Malhotra -
- o Bhargavi Ramamurthy -
- o Will Knispel (student liaison) -

7. New Business:

(Introduction and discussion of new items; Motions or action items as needed)

- Alisa T - CHAIR OF PRIDE - Sponsor suicide prevention week - PRESENTATION BY ALISA T.

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- <u>SpireBALL</u>: Location permanent location and pop up location; league sign ups and team creation and uniforms. Summer/Fall location plan to start in September when all kids are home and play until mid-October-Nov (weather); Winter location..will reach out to options for November on for indoor play.
 - ***Pick a start date and start advertsing website/social media/ flyers around town - local businesses. Use game changer app for sign-ups and coordinating game times/players, etc. Can also get it to the ES, HS, and MS PTA to send it out in their PTA announcements since it can start after school started back up again.
 - ****give Siera a write up of SpireBALL; SIERA to ask about permits for VP and ballard
- New Idea/Event for August/September (Monthly Topics: Parents & Prevention / Recovery & Suicide) Tentataive Date: Wed August 27, 2025: Pizza & Prevention in the Park: Real Talk on Teens & Mental Health:

An informal, community-building evening where parents and caregivers come together at SpireTHERAPY or Town Hall Annex for free pizza (SpireTHERAPY will pay for the therapists time to come and will seek to collab w/Planet Pizza for the food and soft

drinks/water) Mission: Parents and caregivers come together and have a conversation with therapists from SpireTHERAPY about teen mental health, decision-making, and early signs of risk. It is - prevention-focused, no-pressure event that normalizes talking about mental health and gives parents the tools to see mental health concerns early and feel confident about talking to their kids about mental health.

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- Who can attend? RSVP Western CT Coalition's Annual Meeting is on Thursday, September 11 from 11:30AM-1:30PM RSVP in the email sent by Kim C.
- For <u>October -Topic: Opioid/Perscription Drugs</u> <u>Movie night: A Beautiful</u> Boy (2018) is raw, gut-wrenching, and essential viewing—especially for a parent-teen audience grappling with issues of addiction, relapse, and the relentless grip of love.
 - Tentative DATE: October 15, 2025
 - Collab w/The Playhouse...

8. Adjournment

- Motion to adjourn
 - Officially adjourned @

Meeting